

OP1 : DIFFUSION LIMITÉE / RESTRICTED

**Sud**

M	Matin
A	Après-midi
N	Nuit
Journée HH	
1	L 1
2	M 2
3	M 3
4	J 4
5	V 5
6	S 6
7	D 7
8	L 8
9	M 9
10	M 10
11	J 11
12	V 12
13	S 13
14	D 14
15	L 15
16	M 16
17	M 17
18	J 18
19	V 19
20	S 20
21	D 21
22	L 22
23	M 23
24	M 24
25	V 25
26	S 26
27	D 27
28	L 28
29	M 29
30	J 29
31	V 30
32	S 31

**Sud**

DECEMBRE	2025
Equipes	1 2 3 4 5
49	L 1 M A N
50	M 2 M A N
51	M 3 M A N
52	J 4 M A N
53	V 5 M A N
54	S 6 M A N
55	D 7 M A N
56	L 8 M A N
57	M 9 M A N
58	M 10 M A N
59	J 11 M A N
60	V 12 M A N
61	S 13 M A N
62	D 14 M A N
63	L 15 M A N
64	M 16 M A N
65	M 17 M A N
66	J 18 M A N
67	V 19 M A N
68	S 20 M A N
69	D 21 M A N
70	L 22 M A N
71	M 23 M A N
72	M 24 M A N
73	V 25 M A N
74	S 26 M A N
75	D 27 M A N
76	L 28 M A N
77	M 29 M A N
78	J 29 M A N
79	V 30 M A N
80	S 31 M A N

  

**Sud**

JANVIER	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

  

**Sud**

FÉVRIER	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

  

**Sud**

MARS	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

  

**Sud**

AVRIL	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

  

**Sud**

MAI	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

  

**Sud**

JUIN	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

SEPTÈMEBRE	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

OCTOBRE	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

NOVEMBRE	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

DECEMBRE	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

JANVIER	2027
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

2025	2026
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17 M A N
18	M 18 M A N
19	J 19 M A N
20	V 20 M A N
21	S 21 M A N
22	D 22 M A N
23	L 23 M A N
24	M 24 M A N
25	J 25 M A N
26	V 26 M A N
27	S 27 M A N
28	D 28 M A N
29	L 29 M A N
30	M 30 M A N
31	J 31 M A N

**Sud**

2026	2027
Equipes	1 2 3 4 5
1	S 1 M A N
2	D 2 M A N
3	L 3 M A N
4	M 4 M A N
5	M 5 M A N
6	J 6 M A N
7	V 7 M A N
8	S 8 M A N
9	D 9 M A N
10	L 10 M A N
11	M 11 M A N
12	M 12 M A N
13	J 13 M A N
14	V 14 M A N
15	S 15 M A N
16	D 16 M A N
17	L 17